## **Recovery Coaching Agreement**

This Recovery Coaching Agreement ("Agreement") is entered into by and between Hope and Healing Coaching LLC. ("Hope and Healing Coaching") and \_\_\_\_\_\_ ("Client") and shall be effective beginning on the date executed by Client ("Effective Date").

By executing this Agreement, Client understands, acknowledges and agrees that:

- 1. Appointment Scheduling
  - a. It is the Client's responsibility to schedule, cancel and re-schedule appointments with at least 24 hours in advance, except in the case of an emergency.
  - b. Appointments missed by the Client at no fault of the Recovery Coach are non-refundable.
  - c. Sessions can take place via face-to-face meetings, video chat, phone call or a combination thereof, depending on what prearrangements have been agreed upon between Client and Recovery Coach.
- 2. Confidentiality
  - a. All information disclosed or discussed or in any way made a part of a Hope and Healing Coaching Recovery Coaching Session shall be kept in strict confidentiality, subject to the exceptions as described below.
  - b. Hope and Healing Recovery Coaches reserve the right to discuss information disclosed or discussed during a Recovery Coaching Session with other Recovery Coaches and/or Licensed Counselors, without disclosing Client's identity or any information that could reveal Client's identity, with the purpose of providing the best services possible for Client.
  - c. In the event of both husband and wife are receiving Recovery Coaching by Hope and Healing Recovery Coaches, Client agrees that each Coach of husband and wife will be permitted to share information with each other Coach, with the exclusive purpose of providing better coaching to both Clients. All information disclosed shall be maintained as confidential among the Recovery Coaches.
  - d. Recovery Coaches are also hereby granted permission by Client to share with Client's spouse's Recovery Coach and with spouse such general information as Client's attendance at Coaching Sessions and Client's willingness to execute and follow Recovery Coach's suggestions, requests, assignment, etc., with the purpose of building trust back into the marriage.
  - e. In addition, with married couples, if Coaches suggest a polygraph examination as part of a process of building trust back into the marriage, Client hereby agrees that Hope and Healing Coaches have permission to share the questions asked on the polygraph exam, as well as the results of the examination with the spouse after having at least one session with Client following the completed polygraph.
  - f. Hope and Healing Coaches may be required to report any current, ongoing or threatened future criminal activity that is directly or indirectly disclosed by Client.
- 5. Session Information and Fees
  - a. Each session will last approximately 50 minutes and will cost up to \$100 per session. Final decision on exact meeting duration and rate is agreed upon between Client and Recovery Coach.
  - b. Client is required to either prepay each month in advance for that months sessions, or pay at the end of each session.
  - c. All payments must be made using the links found on the staff pages of Hope and Healing Coaching LLC.com.
- 6. Credentials & Hold Harmless

- a. All Hope and Healing Recovery Coaches are required to have a current Certification in Sex Addiction, Recovery Coaching, Sex Addiction Partner Coaching or substantially similar Certification, specializing in helping others overcome damage of unwanted compulsive sexual behavior.
- d. Most Hope and Healing Coaches are not licensed or certified counselors, therapists, psychiatrists, or other medical or mental health professional.
- e. Because most Hope and Healing Coaches are not licensed or certified counselors, therapists, psychiatrists, or other medical or mental health professional, Hope and Healing Coaching LLC does not and will not provide health care services generally offered by a licensed or certified medical or mental health professional.
- f. As a result, invoices for Hope and Healing Coaching LLC services generally will not be reimbursed by most health insurance providers.
- g. Client shall hold harmless Hope and Healing Coaching LLC, its Board of Directors and those Hope and Healing Recovery Coaches and group leaders who, directly or indirectly, provide to Client any Recovery Coaching services and curriculum, from any liability directly or indirectly related to any potential or actual outcomes, including but not limited to divorce, suicide, financial loss, or any criminal activity that might occur before, during, or after Client has sought or received Recovery Coaching services.

## 11. Extended Absences

Hope and Healing Recovery Coaches reserve the right to maintain personal standards of self-care and maintenance, including but not limited to sabbatical or other extended periods of absence. Client will be notified in advance in the event that his or her Recovery Coach will be unavailable for a period exceeding four (4) weeks. In such cases, Client will be referred to another Hope and Healing Recovery Coach or another counselor/counseling agency.

## 12. No Guaranteed Results

Hope and Healing Recovery Coaches will work closely with Client and, in some cases, Client's spouse with the goal of a full and complete recovery; however, Hope and Healing Coaching LLC does not guarantee Client's successful recovery or any other particular result.

## Statement of Understanding

I have read and understand the contents of this Agreement and, by signing below, I agree to comply with the terms of this agreement and acknowledge that I have received a copy of this form.

Client Name (please print)

Client Signature

Date